



## **FIRST TEE OF THE CENTRAL COAST SAFETY MEASURES IN RESPONSE TO COVID-19**

As the First Tee Central Coast prepares to resume programming in the summer, the safety of our participants, their families, coaches, and volunteers is paramount.

From the check-in to the wrap-up, each facet of our programming experience has been analyzed to increase safety and has been adapted to promote the prevention of spreading any illnesses.

Safety begins with being responsible and accountable for one's actions during a First Tee programming activity. Dismissive behavior of safety measures may result in termination from class.

### **WHAT HAS CHANGED:**

- Participants are required to remain at least 6 feet from one another and must refrain from any physical contact with fellow participants, coaches, or volunteers.
- If required, Coaches will wear face masks for the entirety of class.
- Participants are not required to wear face masks, but are welcome to if family so chooses.
- Coaches will use hand sanitizer before, after and during class.
- Coaches will plan activities that keep all participants 6 to 8 feet apart.
- Classes sizes will be limited to 10-16 participants, dependent on site rules, space, coaching staff & ability to safely keep participants socially distanced.

### **CHECK-IN PROCEDURE:**

- Coaches will be awaiting the participants arrival by standing behind a table (min. 6' from participant)
- Families will wait in line with an appropriate physical distance of 6 feet apart from others.
- Participants must remain in safety line until checked in.
- Coach will now check-in participants and will be the only one to touch pen or marker.
- Name tags will be pre-made by coach, the participant will remove their own name tag from sheet and place on shirt or outerwear.
- Parents are more than welcome to remain on site for the duration of the class if they can maintain social distancing standards.

### **AFTER CHECK-IN PROCEDURE:**

- After the participant is checked in for the class, they will be assigned a personal "home base". (hula hoop)
- Participants will remain in their "Home Base" until class begins. (see illustration1 below)
- Their home base is where their clubs, personal belongings, water bottles etc. will remain throughout the class. Note: It is highly recommended that participants bring own water bottles to each class.
- A 3- Club-Set (Putter, Short Club & Long Club) will be provided by the chapter to any participant who does not have their own clubs. Note: Clubs will not be shared at any time during class.

**ACTIVITIES:**

- Activity setups are designed to include at least 6 feet between hitting stations and safety zones (driving range, putting, chipping).
- No more than two students at a time will be collecting their personal golf balls after their turn (chipping, putting). Note: When possible, the coach will sweep off balls and will collect after class.
- After picking up their balls, participants will be asked to use the “exit route” to return to their hitting station to wait for their turn again. (see illustration 2 below)
- When transitioning from one activity or golf skill to the next, participants will follow exit route and move in a single line with participants 6 feet apart in front and behind.

**WRAP-UP:**

- The conclusion/wrap-up of each class will be at the group circle in their respective “home base”.
- Participants must remain in designated safe check-out area until parent arrival for pick-up.
- Parent’s must come to check-out area to check-out each participant while maintaining social distance protocols.

Note: 6 feet separation between all participants and coaches.

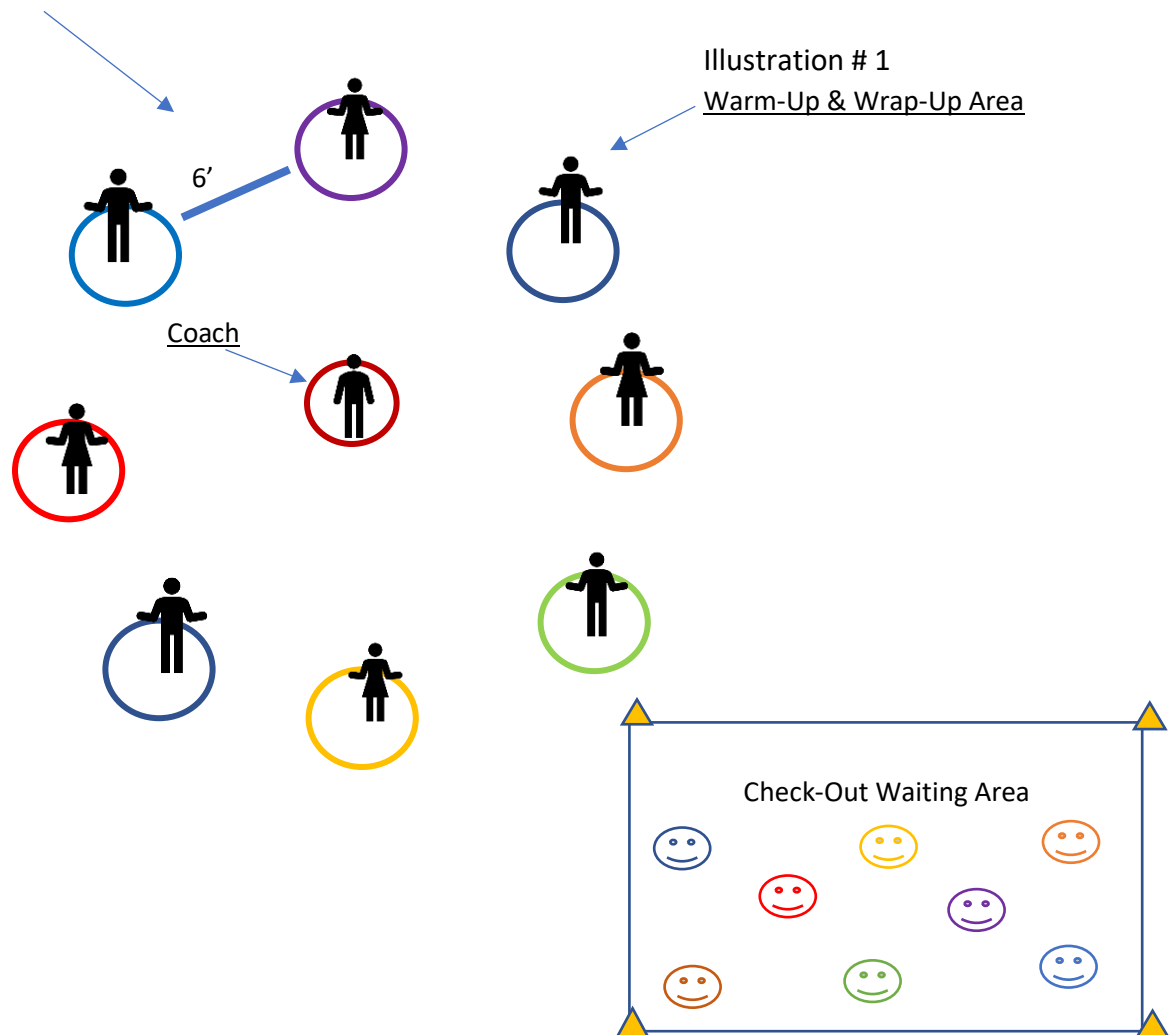


ILLUSTRATION 2 – Practice Areas

